

EduNet Webinar Agenda

EduNet Webinar: Use of Reflective Supervision Groups for CAC's

Release Date: March 2020

Welcome, Introductions, and Review of Agenda by Midwest Regional CAC
EduNet Webinar Presentation
Questions, Wrap-up, Closing Remarks, & Evaluation

Course Description:

Reflective supervision is the exploration of the way in which the work that practitioners do every day effects them. Spending time in a very specific type of supervision within the context of a CAC, may reduce secondary traumatic stress and improve the resiliency of the workforce. Additionally, by being more consciously aware of the ways that work in child abuse may illicit strong feelings in providers, providers can continue to do their best work.

Learning Objectives:

1. Define reflective supervision groups.
2. Identify the benefits of reflective supervision in reducing secondary traumatic stress.
3. Discuss the applicability of reflective supervision within the CAC environment.

Instructor Bio: Saprina Matheny, MSW, LICSW

Saprina Matheny, MSW, LICSW completed her Masters degree in Social Work at the University of St. Thomas/College of St. Catherine. She has worked as a Director of Youth and Family Services at a community mental health center and also served as the Clinical Program Manager for the Ambit Network, a National Child Traumatic Stress Network Subcenter at the University of Minnesota. She has also served as a mental health consultant with the Firstwitness Child Advocacy Center in Duluth, MN for the past 12 years. Her particular interest and expertise is in the area of trauma. Saprina has a passion for working with systems. Presently she is in private practice as a clinician, trainer, and consultant.

Continuing Education: Approved by Minnesota Board of Social Work for 1.5 hours of CEU through March 2021.

Course Coordinator:

Should you have any questions, please do not hesitate to contact Sara Lee, Program Manager at sara.lee1@childrensmn.org or by phone at 952-992-5277.



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